

1. BRAINSTORMING - National Stereotypes

- Describe the picture below. What concept does it illustrate?
- Brainstorm a list of stereotypes that you have heard about different nationalities:

en.wikipedia.org/wiki/Stereotypes_of_the_British



- Discuss whether or not you believe these stereotypes are true.

2. GUESSING GAME - Typical National Stereotype

- A student will choose a slip of paper and read it aloud to the class.
- Try to guess which country each stereotype is describing:

1	_____
2	_____
3	_____
4	_____
5	_____
6	_____

7	_____
8	_____
9	_____
10	_____
1 1	_____
1 2	_____

- What are the common characteristics of these stereotypes?

not necessarily true • inaccurate / inexact / incorrect • oversimplified • exaggerated

3. SHARING - What about your own country / culture?

- Name some stereotypes that are specific to your own country/culture.

4. CULTURAL RESEARCH - Cultural Stereotypes

- In groups of two, research and create a short presentation about the cultural stereotypes associated with a particular country. You can choose either a European country or an English-speaking country for your presentation.

5. DISCUSSION - Respecting Cultural Differences

After having heard the presentations:

- *What are some examples of stereotypes you have encountered?*
 - *What are the consequences (or the dangers) of perpetuating them?*
 - *How can we promote understanding and respect for cultural differences ?*
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6. VOCABULARY - Strategies For Building a Culturally Inclusive Environment

➤ *Here are additional suggestions:*

Match each suggestion with the right description:

1.
Learn about different cultures and traditions through books, films, art, and by talking to people from different backgrounds.
2.
Immersing oneself in different cultures by visiting foreign countries and experiencing them firsthand can lead to deeper understanding and appreciation.
3.
Create an inclusive environment where people from different backgrounds feel welcome and valued. This can be achieved through inclusive language, anti-discrimination policies and actively seeking out diversity in hiring and recruitment.
4.
Be aware of our own stereotypes and actively challenge them.
5.
Try to put ourselves in other people's shoes and understand their perspectives.
6.
Be open to hearing and gaining insights from people from different backgrounds and cultures.
7.
Take action against discrimination and prejudice by speaking up and supporting marginalized groups.

Travel and immerse yourself • Challenge stereotypes and biases • Listen and Learn • Be an Ally • Educate Yourself • Encourage Diversity and Inclusion • Practice empathy

8. WATCHING & LISTENING - I Am Not Your Asian Stereotype

➤ *How does Canwen Xu's story help to break stereotypes?*



9. DEBATE TOPIC - Dispelling Stereotypes with Humor and Self-Deprecation

Using humor and self-deprecation is an effective way to dispel stereotypes.

➤ *Sort the following statements into "pro" or "con" categories:*

PRO

Humor can be an effective tool for breaking down barriers and creating a more relaxed and open atmosphere.

CON

Humor can be a double-edged sword, and it can be difficult to predict how it will be received.

Self-deprecating humor can reinforce stereotypes rather than challenging them.

Humor can be used to avoid taking responsibility for addressing stereotypes and discrimination.

Self-deprecating humor can be used to silence marginalized groups and prevent them from speaking out about their own experiences.

Self-deprecating humor can be used as a way to gain acceptance from dominant groups, at the expense of marginalized groups.

Humor can be a way to make complex issues more accessible and relatable to a wider audience.

Humor can be used to mock and belittle marginalized groups, instead of challenging stereotypes.

Self-deprecating humor can help to humanize marginalized groups and make them more relatable to others.

Humor can be used to highlight the absurdity and harm of stereotypes.

Self-deprecating humor can be empowering for marginalized groups, allowing them to take control of their own narrative.

Humor can be a way to build solidarity among marginalized groups.

Self-deprecating humor can be a form of resistance against oppressive systems and stereotypes.

Self-deprecating humor can help to diffuse tension and defuse potentially explosive situations.

Humor can be used to trivialize serious issues and mask underlying problems.

Humor can be used to silence marginalized groups and prevent them from speaking out about their own experiences.

1	All people from this country are rugged and outdoorsy, love beer and barbecues, and are obsessed with sports.
2	All people from this country are passionate and sensual, love football and samba, and live in favelas.
3	All people from this country are polite and apologetic, love maple syrup and hockey, and live in igloos.
4	All people from this country are good at math and martial arts, eat with chopsticks, and have a collectivist culture.
5	All people from this country are ancient and mysterious, live in desert tents, love pyramids, camel rides and belly dance.
6	All people from this country are spiritual, love yoga, wear traditional clothing, and practice arranged marriages.
7	All people from this country are technologically advanced, have strict social norms, and love sushi, robots and animé.
8	All people from this country are lazy and work in manual labor jobs, love spicy food and mariachi music, and belong to a drug cartel.
9	All people from this country are loud and brash, love fast food and guns, and are obsessed with money.
10	All people from this country are hardworking and ambitious, love soccer and tango, and are obsessed with football.
11	All people from this country are polite, love tea and cricket, and are obsessed with the royal family.
12	All people from this country are fashionable and chic, love croissants and wine, and are obsessed with style.