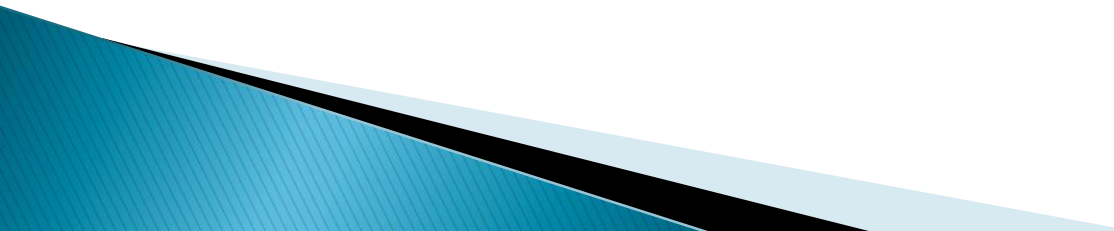


ACCOMPAGNEMENT PERSONNALISE

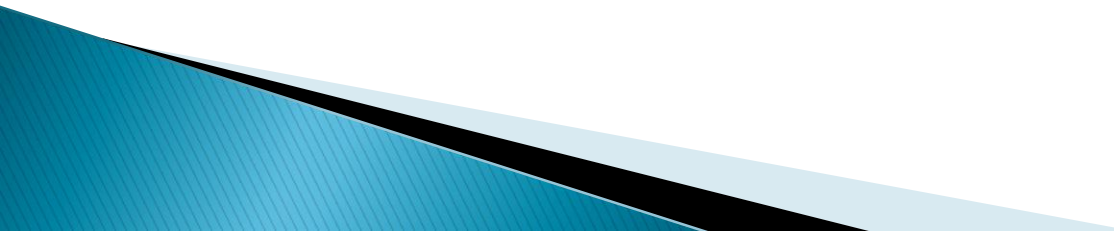
Session 1 : learning to learn



HOW TO BE A GOOD LANGUAGE LEARNER

- ▶ Think about your learning style (= how you are learning) and find out what works best for you and what doesn't.
 - ▶ Take risks! Try out different ways of learning to find what works best !
 - ▶ Don't be afraid of making mistakes ! Learn from them !
 - ▶ Be realistic ! Learning takes time and effort .
- 

HOW TO BE A GOOD LANGUAGE LEARNER

- ▶ Be independent! Don't count on your teacher for everything
 - ▶ Be organised and active ! Always look for opportunities to develop your language inside and outside of the classroom.
 - ▶ Be concerned about communication and accuracy (= correctness)
- 

WHAT IS YOUR LEARNING STYLE ?



You are a visual learner if:

- you learn through seeing.
- it is important for you to see the teacher's body language and facial expression to better understand the lesson.
- you prefer to take detailed notes and you like to learn from visual displays such as illustrated text books, diagrams , hand-outs

WHAT IS YOUR LEARNING STYLE ?



You are an auditory learner if ...

- you learn through listening to what others have to say, verbal lectures, discussions, talking things through.
- You interpret the meanings of speech through listening to tone of voice, pitch, speed and other nuances.

WHAT IS YOUR LEARNING STYLE ?



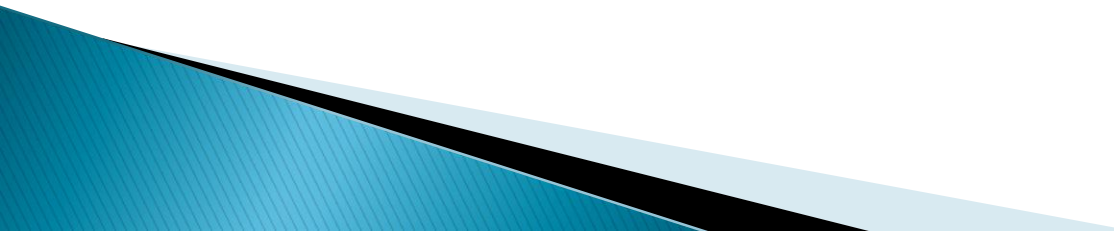
You are a tactile /kinesthetic learner if ...

- you learn through moving, doing and touching.
- You need activity and exploration and you may find it hard to sit still for long periods and may become distracted.

DISCOVER YOUR LEARNING STYLE

Read the questionnaire and tick the ONE option that is most like you.

Do not forget that you must not be influenced by the right-hand column. Hide it !



PRACTICAL SUGGESTIONS

- Use visual materials (pictures, charts, maps, graphs etc...)
- Have a clear view of your teachers when they are speaking (body language and expression)
- Use colour to highlight certain points in texts
- Take notes, ask you teacher to provide handouts
- Illustrate your ideas as a picture or brainstorming bubble (before writing them down)
- Write a story and illustrate it
- Use multi-media
- Study in a quiet place
- Read illustrated books
- Visualize information as a picture



PRACTICAL SUGGESTIONS

- Take part in class discussions and debates
- Make speeches and presentations
- Use your MP3 or cell phone when you are at home to record lessons and vocabulary and memorize through listening and testing
- Read text out aloud
- Discuss your ideas verbally



PRACTICAL SUGGESTIONS

- Take frequent study breaks
- Move around to learn new things
- Work at a standing position
- Chew gum while studying at home (not in class!!!)
- Use bright colours to highlight reading material
- If you wish listen to music while you study
- Skim through reading material (*lisez en diagonales*) to get a general idea before reading in detail

